

Michigan HS Girls - 2005 Outdoors

100 METERS

11.86	Porsche Ries (Hazel Park)12	Indianapolis/USATF Junior Olympics (h) (0.3)7/29/2005
11.87	Shayla Mahan (Detroit Mumford)10	Plymouth/Michigan USATF 6/25/2005
11.90	Ries	Greensboro/Nike Outdoor (h) (-2.1) 6/17/2005
11.95	Mahan	Rockford/D1 State (ok)..... 6/ 4/2005
11.95	Mahan	Lexington/USATF Region V 7/10/2005
11.97	Mahan	Greensboro/Nike Outdoor (h) (-2.1) 6/17/2005
11.97	Ries	Indianapolis/USATF Junior Olympics (-0.2) . 7/31/2005
12.00	Ries	New Orleans/AAU Junior Olympics (h) (0.1) . 8/ 6/2005
12.03	Mahan	Michigan AAU Junior Olympics 6/19/2005
12.04	Mahan	New Orleans/AAU Junior Olympics (s) () 8/ 6/2005
12.12	Mahan	Dayton/Roosevelt Mitchell (-4.6) 5/ 7/2005
12.13	Mahan	New Orleans/AAU Junior Olympics (-1.9) 8/ 6/2005
12.16	Ries	New Orleans/AAU Junior Olympics (s) (-1.7) 8/ 6/2005
12.19	Chanell Wright (Detroit Mumford)11	Michigan AAU Junior Olympics (h)..... 6/19/2005
12.25	Alisha Cole (Cadillac)11	Caledonia/D2 State (s)..... 6/ 4/2005
12.32	Erica Mann (Battle Creek Lakeview)11	Michigan AAU Junior Olympics 6/19/2005
12.34	Keyria Calloway (Detroit Crockett)10	Comstock Park/D3 State 6/ 4/2005
12.35	Tiffany Ofili (Ypsilanti)12	Caledonia/D2 State (s)..... 6/ 4/2005
12.39	Jolynn Williams ()	Plymouth/Michigan USATF 6/25/2005
12.42	Chanell Christie (Muskegon)12	Rockford/D1 State (ok)..... 6/ 4/2005
12.42	Monique Lee (New Haven)11	Grand Rapids/D4 State 6/ 4/2005
12.44	Morsuray Jackson (Allendale)11	Comstock Park/D3 State 6/ 4/2005
12.48	Ashley Hines (Benton Harbor)11	Rockford/D1 State (ok)..... 6/ 4/2005
12.49	Ra'Jae Marable (Ann Arbor Pioneer)10	Rockford/D1 State (ok)..... 6/ 4/2005
12.50	Sharay Hale (Detroit Renaissance)9	Caledonia/D2 State (s)..... 6/ 4/2005
12.53	Stephanie Staubus (Grand Ledge)	Michigan AAU Junior Olympics (h)..... 6/19/2005
12.54	Alpha Clark (Albion)12	Comstock Park/D3 State 6/ 4/2005
12.57	Jovonne Tyson-King (Pontiac Northern)	Plymouth/Michigan USATF 6/25/2005
12.58	Tiffany James (Wayne)12	Rockford/D1 State (ok)..... 6/ 4/2005
12.58	Jordan Dunn (Lansing Waverly)10	Caledonia/D2 State (s)..... 6/ 4/2005
12.59	Brianna Walker (Flint Carman-Ainsworth)9	Rockford/D1 State (ok)..... 6/ 4/2005
12.59	Stephanie Porter ()	Plymouth/Michigan USATF 6/25/2005
Wind-aided:		
11.77	Shayla Mahan (Detroit Mumford)10	Dayton/Roosevelt Mitchell (5.7) 5/ 7/2005
11.94	Porsche Ries (Hazel Park)12	Wooster/AAU Region VI..... 7/ 3/2005
11.99	Mahan	Wooster/AAU Region VI..... 7/ 3/2005
12.03	Ries	Dayton/Roosevelt Mitchell (5.7) 5/ 7/2005
12.26	Stephanie Staubus (Grand Ledge)12	Wooster/AAU Region VI..... 7/ 3/2005
12.29	Chanell Wright (Detroit Mumford)11	Dayton/Roosevelt Mitchell (5.7) 5/ 7/2005
12.30	Erica Mann (Battle Creek Lakeview)	Wooster/AAU Region VI..... 7/ 3/2005
12.36	Keyria Calloway (Detroit Crockett)10	Wooster/AAU Region VI..... 7/ 3/2005
12.46	Sydni Clark (Southfield JH)8	Wooster/AAU Region VI..... 7/ 3/2005
12.51	Lauren Drayton (Troy JH)	Wooster/AAU Region VI..... 7/ 3/2005
12.54	Leslie Aririguzzo (West Bloomfield)9	Dayton/Roosevelt Mitchell (5.7) 5/ 7/2005
Hand-timed:		
11.7	Shayla Mahan (Detroit Mumford)10	Rockford/D1 State (s) (ok) 6/ 4/2005
11.8	Alisha Cole (Cadillac)11	Gaylord/D2 Regional..... 5/21/2005
11.9	Tiffany Ofili (Ypsilanti)12	Chelsea/D2 Regional 5/21/2005
12.0	Tiffany James (Wayne)12	D1 Regional 5/20/2005
12.0	Chanelle Christie (Muskegon)12	Wyoming 5/23/2005
12.1	Ra'Jae Marable (Ann Arbor Pioneer)10	Rockford/D1 State (s) (ok) 6/ 4/2005
12.1	Megan Willemson (Utica Eisenhower)11	D1 Regional 5/20/2005
12.1	Mandisa McCowan (Detroit Denby)12	D1 Regional 5/20/2005
12.1	Leslie Aririguzzo (West Bloomfield)9	D1 Regional 5/20/2005
12.1	Jordan Dunn (Lansing Waverly)10	D2 Regional 5/20/2005
12.1	Mo Jackson (Allendale)11	Wyoming 5/23/2005
Hand-timed, wind-aided:		
11.3	Shayla Mahan (Detroit Mumford)10	Warren/D1 Regional..... 5/20/2005
11.9	Chanell Wright (Detroit Mumford)11	Warren/D1 Regional..... 5/20/2005

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200 METERS

23.91	Porsche Ries (Hazel Park)12	Indianapolis/USATF Junior Olympics (-0.5) .7/30/2005
23.97	Ries	Indianapolis/USATF Junior Olympics (h) (-0.3)7/28/2005
24.17	Shayla Mahan (Detroit Mumford)10	New Orleans/AAU Junior Olympics (h) (-0.4)8/ 7/2005
24.22	Ries	New Orleans/AAU Junior Olympics (h) (-1.4)8/ 7/2005
24.35	Ries	New Orleans/AAU Junior Olympics (0.8) 8/ 6/2005
24.38	Ries	New Orleans/AAU Junior Olympics (h) (1.5) .8/ 6/2005
24.43	Ries	Delaware/Midwest Meet of Champions (0.2)6/11/2005
24.46	Ries	Greensboro/Nike Outdoor (h) (0.1) 6/17/2005
24.51	Mahan	Plymouth/Michigan USATF 6/25/2005
24.60	Ries	Carson/USA Junior Ch (h) (0.5) 6/24/2005
24.62	Mahan	New Orleans/AAU JO (h) 8/ ?/2005
24.69	Jessica Jones (Detroit Mumford)12	Rockford/D1 State (h) (ok) 6/ 4/2005
24.69	Ries	Michigan AAU Junior Olympics 6/19/2005
24.72	Mahan	Greensboro/Nike Outdoor (h) (0.0) 6/17/2005
24.75	Landria Buckley (Romulus)11	New Orleans/AAU Junior Olympics (h) (-0.2)8/ 6/2005
25.07	Erin Humphrey (Ypsilanti Lincoln)11	New Orleans/AAU Junior Olympics (h) (0.5) .8/ 6/2005
25.16	Jennifer Sabra (Taylor Kennedy)12	Rockford/D1 State (h) (ok) 6/ 4/2005
25.17	Chanell Wright (Detroit Mumford)11	Michigan AAU Junior Olympics 6/19/2005
25.24	Alisha Cole (Cadillac)11	Caledonia/D2 State 6/ 4/2005
25.31	Erica Mann (Battle Creek Lakeview)10	Caledonia/D2 State 6/ 4/2005
25.47	Elizabeth Harvin (Southfield Lathrup)11	Michigan AAU Junior Olympics 6/19/2005
25.52	Kiara Moore (Ann Arbor Pioneer)10	Plymouth/Michigan USATF 6/25/2005
25.56	Alexandria Spruiel (Southfield Lathrup)12	Rockford/D1 State (h) (ok) 6/ 4/2005
25.63	Melissa Phillips (Ann Arbor Pioneer)	Plymouth/Michigan USATF 6/25/2005
25.65	Keyria Calloway (Detroit Crockett)10	Comstock Park/D3 State 6/ 4/2005
25.74	Stephanie Staubus (Grand Ledge)12	Delaware/Midwest Meet of Champions (0.2)6/11/2005
25.77	Morsuray Jackson (Allendale)11	Comstock Park/D3 State 6/ 4/2005
25.89	Brianna Walker (Flint Carman-Ainsworth)9	Rockford/D1 State (h) (ok) 6/ 4/2005
25.92	Paige Garner (Detroit Mumford)11	Michigan AAU Junior Olympics 6/19/2005

Wind-aided:

23.97	Porsche Ries (Hazel Park)12	Wooster/AAU Region VI..... 7/ 3/2005
24.14	Ries	Dayton/Roosevelt Mitchell (3.4) 5/ 7/2005
24.62	Erin Humphrey (Ypsilanti Lincoln)11	Wooster/AAU Region VI..... 7/ 3/2005
24.71	Shayla Mahan (Detroit Mumford)10	Wooster/AAU Region VI..... 7/ 3/2005
25.06	Landria Buckley (Romulus)	Wooster/AAU Region VI..... 7/ 3/2005
25.19	Bridgette Owens-Mitchell (Detroit JH)6	Wooster/AAU Region VI..... 7/ 3/2005
25.74	Sydni Clark (Southfield JH)8	Wooster/AAU Region VI..... 7/ 3/2005

Hand-timed:

24.5	Jessica Jones (Detroit Mumford)12	Warren/D1 Regional..... 5/20/2005
24.6	Alisha Cole (Cadillac)11	Caledonia/D2 State 6/ 4/2005
24.8	Erika Mann (Battle Creek Lakeview)10	Charlotte/D2 Regional 5/20/2005
25.1	Jordan Dunn (Lansing Waverly)10	D2 Regional 5/20/2005
25.3	Alexandria Spruiel (Southfield Lathrup)12	D1 Regional 5/20/2005
25.4	Jennifer Sabra (Taylor Kennedy)12	D1 Regional 5/20/2005

Timing malfunction:

24.00	Rickell Hill (Maximum Outout b91)	Canton/Michigan USATF 6/25/2005
24.25	Samantha Pace (Portage Youth b91)	Canton/Michigan USATF 6/25/2005
24.79	Freya Hoffman (Rochester b91)	Canton/Michigan USATF 6/25/2005
24.92	Brittany Davis (Maximum Output b91)	Canton/Michigan USATF 6/25/2005

400 METERS

54.74	Jessica Jones (Detroit Mumford)12	Greensboro/Nike Outdoor 6/18/2005
55.23	Jones	Rockford/D1 State 6/ 4/2005
55.43	Jones	Lexington/USATF Region V 7/10/2005
55.72	Jones	Carson/USA Junior Ch (h) 6/24/2005
55.90	Erin Humphrey (Ypsilanti Lincoln)11	Rockford/D1 State 6/ 4/2005
55.90	Humphrey	New Orleans/AAU JO (h) 8/ ?/2005
55.98	Jaime Watson (Allendale)12	Comstock Park/D3 State 6/ 4/2005
56.12	Jones	Wooster/AAU Region VI..... 7/ 3/2005
56.18	Humphrey	New Orleans/AAU Junior Olympics..... 8/ 6/2005

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56.20	Kiara Moore (Ann Arbor Pioneer)10	Rockford/D1 State.....	6/ 4/2005
56.22	Jones	Michigan AAU Junior Olympics	6/19/2005
57.13	Humphrey	Indianapolis/USATF Junior Olympics (h)	7/29/2005
57.20	Elizabeth Harvin (Southfield Lathrup)11	Indianapolis/USATF Junior Olympics (h)	7/29/2005
57.32	Katrina Drayton (Troy)10	Indianapolis/USATF Junior Olympics (h)	7/29/2005
57.40	Alexandria Spruiel (Southfield Lathrup)12	Rockford/D1 State	6/ 4/2005
57.44	Katherine McCarthy (Kenowa Hills)11	Caledonia/D2 State	6/ 4/2005
57.83	Amber Shelters (Hartland)12	Rockford/D1 State	6/ 4/2005
57.98	Erin Dillon (Reading)12	Grand Rapids/D4 State	6/ 4/2005
57.98	Stephanie Ostrenga (Escanaba)12	Delaware/Midwest Meet of Champions	6/11/2005
58.16	Lache Wilkins (Livonia Churchill)11	Rockford/D1 State	6/ 4/2005
58.16	Mika Clark (Albion)12	Comstock Park/D3 State	6/ 4/2005
58.27	Tricia Kowalski (Riverview)12	Caledonia/D2 State	6/ 4/2005
58.36	Nicole Carr (Kalamazoo Central)12	Rockford/D1 State	6/ 4/2005
58.43	Bettie Wade (Farmington)12	Rockford/D1 State	6/ 4/2005
58.43	Kristen Goncalves (Ann Arbor Richard)11	Comstock Park/D3 State	6/ 4/2005
58.54	Lauren Quaintance (Walled lake Northern)10	Rockford/D1 State	6/ 4/2005
58.62	Amy Roberts (Dexter)11	Caledonia/D2 State	6/ 4/2005
58.69	Shana Vinson (Detroit Mumford)12	Rockford/D1 State	6/ 4/2005
58.77	Jennifer DeFauw (Grosse Pointe North)12	Rockford/D1 State	6/ 4/2005
58.99	Jerae Wise (Grand Rapids Ottawa Hills)12	Rockford/D1 State	6/ 4/2005
59.20	Dynasty McGee (Mt Morris JH)6	New Orleans/AAU Junior Olympics.....	8/ 6/2005
Hand-timed:			
55.4	Jamie Watson (Allendale)12	Godwin/D3 Regional	5/21/2005
56.3	Erin Humphrey (Ypsilanti Lincoln)11	Ypsilanti/D1 Regional	5/20/2005
56.5	Jessica Jones (Detroit Mumford)12	Warren/D1 Regional.....	5/20/2005
57.4	Kiara Moore (AA Pioneer)10	D1 Regional	5/20/2005
57.6	Alexandria Spruiel (Southfield Lathrup)12	D1 Regional	5/20/2005
57.7	Mika Clark (Albion)12	D3 Regional	5/20/2005
57.9	Stephanie Ostrenga (Escanaba)12	Kingsford/UP1 State (57.85 FAT?).....	6/ 4/2005
57.9	Erin Dillon (Reading)11	D4 Regional	5/20/2005
800 METERS			
2:05.05	Geena Gall (Grand Blanc)12	Greensboro/Nike Outdoor	6/18/2005
2:07.45	Gall	Delaware/Midwest Meet of Champions	6/11/2005
2:09.60	Gall	Rockford/D1 State.....	6/ 4/2005
2:11.59	Ramzee Fondren (Detroit Renaissance)9	New Orleans/AAU Junior Olympics.....	8/ 7/2005
2:13.36	Amber Hay (Detroit Renaissance)12	New Orleans/AAU Junior Olympics.....	8/ 7/2005
2:13.47	Annie Otwell (Traverse City Central)11	Rockford/D1 State	6/ 4/2005
2:13.95	Laurel Bennett (Mt Pleasant Sacred Heart)11	Grand Rapids/D4 State	6/ 4/2005
2:15.61	Liz Levosinski (Ann Arbor Huron)11	Rockford/D1 State	6/ 4/2005
2:15.64	Alexa Glencer (AA Greenhills)11	Grand Rapids/D4 State	6/ 4/2005
2:15.74	Carlie Green (Milford)10	Rockford/D1 State	6/ 4/2005
2:16.00	Jena Brown (Traverse City St Francis)11	Grand Rapids/D4 State	6/ 4/2005
2:16.06	Jackalyn Gross (Marine City)12	Caledonia/D2 State	6/ 4/2005
2:16.18	Janee Jones (Goodrich)12	Comstock Park/D3 State	6/ 4/2005
2:16.51	Laura Friedman (Salem)12	Delaware/Midwest Meet of Champions	6/11/2005
2:17.94	Sarah Squires (Unionville-Sebewaing)11	Comstock Park/D3 State	6/ 4/2005
2:17.98	Megan Creutz (Saline)9	Rockford/D1 State.....	6/ 4/2005
2:18.41	Brittany Jensen (Pinckney)12	Rockford/D1 State	6/ 4/2005
2:18.43	Libby Veldman (Hudsonville)11	Rockford/D1 State	6/ 4/2005
2:18.45	Leah Elenbaas (Greenville)12	Rockford/D1 State	6/ 4/2005
1500 METERS			
4:40.31	Rachel Wittum (Rockford)10	Indianapolis/USATF Junior Olympics (h)	7/29/2005
4:41.52	Ramzee Fondren (Detroit Renaissance)9	New Orleans/AAU JO	8/ ?/2005
4:41.72	Fondren	New Orleans/AAU Junior Olympics.....	8/ 6/2005
4:44.32	Kelly Sampson (Detroit Renaissance)12	Indianapolis/USATF JO.....	7/31/2005
4:45.53	Wittum	Indianapolis/USATF Junior Olympics.....	7/31/2005
4:47.06	Sampson	Indianapolis/USATF JO (h)	7/31/2005

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1600 METERS

4:45.7	Geena Gall (Grand Blanc)12	Holly/D1 Regional	5/22/2005
4:48.07	Jenny Morgan (Clarkston)11	Rockford/D1 State	6/ 4/2005
4:51.43+	Annie Otwell (Traverse City Central)11	Greensboro/Nike Outdoor (4:53.13).....	6/18/2005
4:51.44	Gall	Rockford/D1 State	6/ 4/2005
4:51.7	Morgan	Holly/D1 Regional	5/22/2005
4:52.94	Liz Mengyan (Clarkston)12	Rockford/D1 State	6/ 4/2005
4:55.79	Otwell	Rockford/D1 State	6/ 4/2005
4:56.15	Marissa Treece (Maple City Glen Lake)10	Grand Rapids/D4 State	6/ 4/2005
4:56.75	Mengyan	Delaware/Midwest Meet of Champions	6/11/2005
4:57.21	Alexa Glencer (Ann Arbor Greenhills)11	Grand Rapids/D4 State	6/ 4/2005
4:58.19	Janee Jones (Goodrich)12	Comstock Park/D3 State	6/ 4/2005
4:58.24+	Glencer	Greensboro/Nike Outdoor (4:59.97).....	6/18/2005
5:01.8	Rachel Wittum (Rockford)10	Gobels.....	5/27/2005
5:02.68	Jessica Armstrong (Wayland)10	Caledonia/D2 State	6/ 4/2005
5:03.0	Lori Burgess (Grand Rapids South Christian)10	Middleville	5/16/2005
5:03.52	Bekah Smeltzer (Monroe Jefferson)9	Caledonia/D2 State	6/ 4/2005
5:03.60	Sarah Squires (Unionville-Sebewaing)11	Comstock Park/D3 State	6/ 4/2005
5:05.05	Eileen Creutz (Saline)11	Rockford/D1 State	6/ 4/2005
5:05.6	Emily Langenberg (Grand Ledge)12	D1 Regional	5/20/2005
5:05.95	Alicia Hoffman (Monroe Jefferson)12	Caledonia/D2 State	6/ 4/2005
5:06.29	Michelle Mercer (Muskegon Reeths-Puffer)12	Rockford/D1 State	6/ 4/2005
5:06.29	Kelly Sampson (Detroit Renaissance)12	Caledonia/D2 State	6/ 4/2005
5:06.7	Laura Rolf (Rochester Hills Lutheran Northwest)12	D4 Regional	5/20/2005
5:06.8	Katie Haines (Rockford)9	Jenison.....	5/13/2005
5:07.12	Kristen Frey (Livonia Stevenson)10	Rockford/D1 State	6/ 4/2005
5:07.7	Sarah Squires (Unionville-Sebewaing)11	D3 Regional	5/20/2005
5:08.22	Natalie Webb (Woodhaven)9	Rockford/D1 State	6/ 4/2005
5:08.62	Rachel Severin (Chelsea)11	Caledonia/D2 State	6/ 4/2005
5:08.65	Brook Eilers (Holland Christian)9	Caledonia/D2 State	6/ 4/2005
5:09.2	Heather Sirko (Livonia Stevenson)12	D1 Regional	5/20/2005
5:09.4	Becca Bauman (Grand Rapids Catholic Central)12	Grand Rapids	5/17/2005
5:09.79	Shannon Mathews (Bloomfield Hills Cranbrook)9	Caledonia/D2 State	6/ 4/2005

2000-METER STEEPLECHASE

7:16.83	Lyndsay Smith (Clarkston)11	Greensboro/Nike Outdoor	6/17/2005
7:40.44	Anne Oltman (Clarkston)12	Greensboro/Nike Outdoor	6/17/2005
7:45.00	Smith	Dayton/Roosevelt Mitchell.....	5/ 7/2005
7:49.54	Oltman	Dayton/Roosevelt Mitchell.....	5/ 7/2005
9:20.52	Dara Phillips (Southfield)	Dayton/Roosevelt Mitchell.....	5/ 7/2005

3000 METERS

9:42.45#	Jenny Morgan (Clarkston)11	Greensboro/Nike Outdoor [2 Mile].....	6/17/2005
10:12.04#	Laura Malnor (East Grand Rapids)12	Greensboro /Nike Outdoor Ch [2M].....	6/17/2005
10:14.35#	Jessica Armstrong (Wayland)10	Greensboro /Nike Outdoor Ch [2M].....	6/17/2005
10:22.97	Kelly Sampson (Detroit Renaissance)12	Indianapolis/USATF JO.....	7/31/2005

3200 METERS

10:20.61+	Jenny Morgan (Clarkston)11	Greensboro/Nike Outdoor (10:24.23).....	6/17/2005
10:33.7	Morgan	Holly/D1 Regional	5/20/2005
10:41.0	Janee Jones (Goodrich)12	Bendle/tri.....	/2005
10:43.60	Morgan	Dayton/Roosevelt Mitchell.....	5/ 7/2005
10:45.56	Morgan	Rockford/D1 State	6/ 4/2005
10:51.36+	Laura Malnor (East Grand Rapids)12	Greensboro/Nike Outdoor (10:55.15).....	6/17/2005
10:52.2	Rachel Wittum (Rockford)9	Gobles.....	5/27/2005
10:52.42+	Jessica Armstrong (Wayland)10	Greensboro/Nike Outdoor (10:56.22).....	6/18/2005
10:53.20	Heather Sirko (Livonia Stevenson)12	Delaware/Midwest Meet of Champions	6/11/2005
10:54.35	Eileen Creutz (Saline)11	Dayton/Roosevelt Mitchell.....	5/ 7/2005
10:54.90	Sirko	Rockford/D1 State	6/ 4/2005
11:02.13	Kellee Lemke (Sterling Heights Stevenson)11	Rockford/D1 State	6/ 4/2005
11:04.2	Emily Langenburg (Grand Ledge)10	D1 Regional	5/20/2005

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11:06.5	Michelle Mercer (Muskegon Reeths-Puffer)12	Wyoming.....	5/23/2005
11:07.84	Marissa Treece (Maple City Glen Lake)10	Grand Rapids/D4 State.....	6/ 4/2005
11:08.4	Jessica Armstrong (Wayland Union)10	D2 Regional.....	5/20/2005
11:10.09	Malnor	Caledonia/D2 State.....	6/ 4/2005
11:12.4	Katie Haines (Rockford)9	Jenison.....	5/13/2005
11:14.8	Laura Rolf (Rochester Hills Lutheran Northwest)12	D4 Regional.....	5/20/2005

100-METER HURDLES (33")

14.12	Landria Buckley (Romulus)11	Indianapolis/USATF Junior Olympics (1.9) ..	7/31/2005
14.19	Tiffany Ofili (Ypsilanti)12	Caledonia/D2 State.....	6/ 4/2005
14.27	Chidimma Uche (Ann Arbor Pioneer)10	Rockford/D1 State (ok).....	6/ 4/2005
14.27	Buckley	Indianapolis/USATF Junior Olympics (-0.4) .	7/29/2005
14.33	Uche	Dayton/Roosevelt Mitchell (-5.0).....	5/ 7/2005
14.33	Buckley	New Orleans/AAU Junior Olympics.....	8/ 7/2005
14.36	Megan Strachota (Chesaning)12	Comstock Park/D3 State.....	6/ 4/2005
14.40	Buckley	Rockford/D1 State (ok).....	6/ 4/2005
14.41	Uche	Rockford/D1 State (h) (ok).....	6/ 4/2005
14.41	Buckley	New Orleans/AAU Junior Olympics (-1.8).....	8/ 6/2005
14.44	Uche	Rockford/D1 State (s) (ok).....	6/ 4/2005
14.63	Ra'Jae Marable (Ann Arbor Pioneer)10	Rockford/D1 State (ok).....	6/ 4/2005
14.70	Kathleen LaValley (Forest Hills Central)12	Rockford/D1 State (ok).....	6/ 4/2005
14.72	Michelle Elliott (Goodrich)12	Comstock Park/D3 State.....	6/ 4/2005
14.75	Raven Clay (Detroit Cody)9	Michigan AAU Junior Olympics.....	6/19/2005
14.76	Alexandria Lemonious (Detroit Communication)11	Comstock Park/D3 State.....	6/ 4/2005
14.80	Candice Wheat (Pontiac Northern)11	Rockford/D1 State (ok).....	6/ 4/2005
14.93	Ebony Franklin (Flint Southwestern)12	Caledonia/D2 State (s).....	6/ 4/2005
14.95	Crystal Stanley (Lansing)11	Caledonia/D2 State (s).....	6/ 4/2005
14.95	Lesly Hale (Detroit Renaissance)11	Plymouth/Michigan USATF.....	6/25/2005
15.05	Danielle Brown (Kalamazoo Central)12	Rockford/D1 State (s) (ok).....	6/ 4/2005
15.16	Kacy Winans (Farmington Hills Harrison)11	Caledonia/D2 State (s).....	6/ 4/2005
15.18	Faith Lucas ()	Michigan AAU Junior Olympics.....	6/19/2005
15.23	Taleece Jackson (Redford Thurston)10	Caledonia/D2 State (s).....	6/ 4/2005
15.23	Jazmin Williams (Gibraltar Carlson)12	Caledonia/D2 State (s).....	6/ 4/2005
15.23	Breanna Peabody (Utica)9	Rockford/D1 State (h) (ok).....	6/ 4/2005
15.23	Alexis Brown (Otisville-LakeVille)11	Caledonia/D2 State.....	6/ 4/2005
15.27	Stephanie McCarthy (Kenowa Hills)11	Caledonia/D2 State (s).....	6/ 4/2005
15.34	Alicia Hartley (Lake Orion)11	Rockford/D1 State (s) (ok).....	6/ 4/2005

Wind-aided:

14.91	Lesly Hale (Detroit Renaissance)11	Wooster/AAU Region VI.....	7/ 3/2005
15.10	Crystal Stanley (Lansing)	Wooster/AAU Region VI.....	7/ 3/2005

Hand-timed:

13.6	Tiffany Ofili (Ypsilanti)12	Chelsea/D2 Regional.....	5/21/2005
14.0	Chidimma Uche (Ann Arbor Pioneer)10	Ypsilanti/D1 Regional.....	5/20/2005
14.4	Alexandria Lemonius (Detroit CMA)11	Almont/D3 Regional.....	5/21/2005
14.5	Michelle Elliott (Goodrich)12	Almont/D3 Regional.....	5/21/2005
14.6	Ra'Jae Marable (Ann Arbor Pioneer)10	Ypsilanti/D1 Regional.....	5/20/2005
14.7	Candice Wheat (Pontiac Northern)11	D1 Regional.....	5/20/2005
14.7	Kathleen LaValley (Forest Hills Central)12	D1 Regional.....	5/20/2005
14.8	Landria Buckley (Romulus)11	D1 Regional.....	5/20/2005
14.8	Nikkisha Bradley (Grand Rapids Ottawa Hills)	D1 Regional.....	5/20/2005
14.8	Stephanie McCarthy (Grand Rapids Kenowa Hills)11	D2 Regional.....	5/20/2005
14.8	Taleece Jackson (Redford Thurston)10	D2 Regional.....	5/20/2005
14.8	Kacy Winans (Farmington Hills Harrison)11	D2 Regional.....	5/20/2005

200-METER HURDLES (30")

27.83	Bridgette Owens-Mitchell (Detroit JH)6	Wooster/AAU Region VI.....	7/ 3/2005
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300-METER HURDLES (30")

42.82	Tiffany Ofili (Ypsilanti)12	Caledonia/D2 State.....	6/ 4/2005
43.74	Amber Hay (Detroit Renaissance)12	Caledonia/D2 State.....	6/ 4/2005
43.98	Stephanie McCarthy (Kenowa Hills)11	Caledonia/D2 State.....	6/ 4/2005

Michigan HS Girls - 2005 Outdoors

44.19	Hay	Delaware/Midwest Meet of Champions	6/11/2005
44.22	Kathleen LaValley (Forest Hills Central)12	Rockford/D1 State	6/ 4/2005
44.35	Jennifer Sabra (Taylor Kennedy)12	Rockford/D1 State	6/ 4/2005
44.41	Crystal Stanley (Lansing Sexton)11	Caledonia/D2 State	6/ 4/2005
44.79	Candice Wheat (Pontiac Northern)11	Rockford/D1 State	6/ 4/2005
45.44	Alexis Brown (Otisville-LakeVille)11	Caledonia/D2 State	6/ 4/2005
45.50	Chidimma Uche (Ann Arbor Pioneer)10	Dayton/Roosevelt Mitchell	5/ 7/2005
45.89	Jazmin Williams (Gibraltar Carlson)12	Caledonia/D2 State	6/ 4/2005
45.90	Michelle Elliott (Goodrich)12	Comstock Park/D3 State	6/ 4/2005
45.98	Melissa Phillips (Ann Arbor Pioneer)12	Delaware/Midwest Meet of Champions	6/11/2005
46.18	Jess Roodvoets (Grand Rapids South Christian)10	Caledonia/D2 State	6/ 4/2005
46.20	Oneka Hill (Southfield)12	Dayton/Roosevelt Mitchell	5/ 7/2005

Hand-timed:

43.1	Tiffany Ofili (Ypsilanti)12	Chelsea/D2 Regional	5/21/2005
43.2	Melissa Phillips (Ann Arbor Pioneer)12	Ypsilanti/D1 Regional	5/20/2005
44.2	Stephanie McCarthy (GR Kenowa Hills)11	D2 Regional	5/20/2005
44.6	Jennifer Sabra (Taylor Kennedy)12	D1 Regional	5/20/2005
44.6	Kathleen LaValley (Forest Hills Central)12	D1 Regional	5/21/2005
44.7	Amber Hay (Detroit Renaissance)12	D2 Regional	5/20/2005
44.8	Candice Wheat (Pontiac Northern)11	D1 Regional	5/20/2005
45.0	Crystal Stanley (Lansing Sexton)11	D2 Regional	5/20/2005
45.3	Alicia Hartley (Lake Orion)11	D1 Regional	5/20/2005
45.5	Chidimma Uche (Ann Arbor Pioneer)10	D1 Regional	5/20/2005
45.5	Jessica Roovoets (Grand Rapids South Christian)10	Wyoming	5/23/2005
45.6	Embriette Hyde (Wayland)12	Wyoming	5/23/2005
45.7	Oneka Hill (Southfield)12	D1 Regional	5/20/2005

400-METER HURDLES (30")

1:01.49	Crystal Stanley (Lansing Sexton)11	Michigan AAU Junior Olympics	6/19/2005
1:02.18	Amber Hay (Detroit Renaissance)12	Plymouth/Michigan USATF	6/25/2005
1:02.73	Stanley	Wooster/AAU Region VI	7/ 3/2005
1:02.81	Hay	Lexington/USATF Region V	7/10/2005
1:03.23	Hay	Indianapolis/USATF Junior Olympics (h)	7/29/2005
1:03.35	Jennifer Sabra (Taylor Kennedy)12	Michigan AAU Junior Olympics	6/19/2005
1:04.75	Stanley	New Orleans/AAU Junior Olympics (h)	8/ 6/2005
1:05.38	Kacy Winans (Farmington Hills Harrison)11	New Orleans/AAU Junior Olympics (h)	8/ 6/2005
1:05.44	Alexius Brown (Orisville-Lakeville)11	Indianapolis/USATF JO (h)	7/31/2005
1:05.81	Chidimma Uche (Ann Arbor Pioneer)10	Plymouth/Michigan USATF	6/25/2005
1:07.06	Valerie Watkins (Center Line St Clement)10	Wooster/AAU Region VI	7/ 3/2005
1:07.97	Jaime Obidike (Ann Arbor Pioneer)	Plymouth/Michigan USATF	6/25/2005
1:08.52	Aurielle McCauley (Romulus)10	Lexington/USATF Region V	7/10/2005

HIGH JUMP

5-9	Bettie Wade (Farmington)12	Delaware/Midwest Meet of Champions	6/11/2005
5-8.75	Wade	Greensboro/Nike Outdoor	6/18/2005
5-7	Katherine Johnson (Birmingham Marian)12	Caledonia/D2 State	6/ 4/2005
5-6	Katie VanderArk (GR South Christian)11	Hudsonville	4/16/2005
5-6	Whitney Tremain (East Kentwood)	D1 Regional	5/20/2005
5-5	Jazmin Williams (Gibraltar Carlson)12	D2 Regional	5/20/2005
5-5	Leslie Hale (Detroit Renaissance)11	Indianapolis/USATF JO	7/31/2005
5-5	Shelly Mathewson (Bellevue)11	Grand Rapids/D4 State	6/ 4/2005
5-5	Leslie Curtis (Caledonia)10	Grand Rapids/D2 Regional	5/20/2005
5-4	Trinka Boatwright (Benton Harbor)11	Rockford/D1 State	6/ 4/2005
5-4	Christina Solomon (Belleville)12	Rockford/D1 State	6/ 4/2005
5-4	Tiffany Norton (Flint Carman-Ainsworth)12	Rockford/D1 State	6/ 4/2005
5-4	Heather McDaniel (Rochester Hills Lutheran NW)12	Grand Rapids/D4 State	6/ 4/2005
5-4	Kelsey Gordon (Cassopolis)11	Grand Rapids/D4 State	6/ 4/2005
5-4	Amy Wolf (Saginaw Valley Lutheran)12	Grand Rapids/D4 State	6/ 4/2005
5-4	Ann-Marie LaFlamme (Harper Woods Notre Dame)12	Delaware/Midwest Meet of Champions	6/11/2005
5-4	Shelleyse Richardson (West Bloomfield)	New Orleans/AAU Junior Olympics	8/ 6/2005
5-4	Brittany Petty (Plymouth)10	D1 Regional	5/20/2005

Michigan HS Girls - 2005 Outdoors

5-4	Stephanie Schiel (Midland)12	D1 Regional	5/20/2005
5-4	Lexi Esterline (Blissfield)12	D3 Regional	5/20/2005
5-4	Lindsay McKnight (Sparta)10	Corunna	5/28/2005

POLE VAULT

12-0	Katie Shaw (Lakeview)12	Comstock Park/D3 State	6/ 4/2005
12-0	Shaw	Delaware/Midwest Meet of Champions	6/11/2005
11-6	Jackie Clark (Grand Ledge)12	Kalamazoo/D1 Regional	5/20/2005
11-6	Shaw	D3 Regional	5/20/2005
11-3	Lisa Krupp (Sparta)11	Caledonia/D2 State	6/ 4/2005
11-1.5	Christi Kettelhut (Rockford)11	Rockford/D1 State	6/ 4/2005
11-0	Alyssa Eader (Shelby)12	Comstock Park/D3 State	6/ 4/2005
11-0	Clark	Delaware/Midwest Meet of Champions	6/11/2005
11-0	Lisa Sonntag (Saginaw Nouvel)12	St Louis/D3 Regional	5/20/2005
11-0	Emily Vandermeer (Holland)12	Holland	4/28/2005
10-10.5	Natalie Heidel (Portage Northern)12	Rockford/D1 State	6/ 4/2005
10-10.5	Stacy Turak (Warren Cousino)12	Rockford/D1 State	6/ 4/2005
10-9	Megan Korc (Chelsea)12	Caledonia/D2 State	6/ 4/2005
10-9	Aleisha Taylor (Perry)12	Comstock Park/D3 State	6/ 4/2005
10-9	Carly Schiffer (Ovid-Elsie)11	Comstock Park/D3 State	6/ 4/2005
10-9	Kellie Kieren (Grant)12	Comstock Park/D2 Regional	5/20/2005
10-9	Amanda Creighton (Warren Woods Tower)12	D2 Regional	5/20/2005
10-7.5	Shari Harmon (Temperance Bedford)10	Rockford/D1 State	6/ 4/2005
10-7.5	Natalie Stitt (Holland West Ottawa)11	Rockford/D1 State	6/ 4/2005
10-7	Caitlyn Gager (Rockford)11	Grand Rapids	4/16/2005
10-6	Bailey Wandyg (Dexter)11	Caledonia/D2 State	6/ 4/2005
10-6	Jenny Heldt (Dexter)12	Caledonia/D2 State	6/ 4/2005
10-6	Ali Ashworth (Onsted)12	Comstock Park/D3 State	6/ 4/2005
10-6	Jenny Perkins (Livonia Stevenson)12	D1 Regional	5/20/2005
10-6	Laura Nowicki (Utica Eisenhower)12	D1 Regional	5/20/2005

LONG JUMP

18-9.25	Tiffany Ofili (Ypsilanti)12	Caledonia/D2 State	6/ 4/2005
18-7.75	Leslie Hale (Detroit Renaissance)11	Lexington/USATF Region V	7/10/2005
18-3.25	Ofili	D2 Regional	5/20/2005
18-3	Alexandria Lemonius (Detroit CMA)11	Lexington/USATF Region V	7/10/2005
18-1	Jackie Prins (GR Catholic Central)12	D2 Regional	5/20/2005
18-0.5	Megan Gregory (Rockford)12	Jenison	5/12/2005
18-0.25	Hale	New Orleans/AAU JO (0.0)	8/ ?/2005
18-0.25	Hale	Indianapolis/USATF Junior Olympics (1.8) ..	7/29/2005
17-10.5	Katie Guikema (GR South Christian)9	D2 Regional	5/20/2005
17-9.5	Shanaye Carr (Lansing Waverly)10	Caledonia/D2 State	6/ 4/2005
17-8.5	Bettie Wade (Farmington)12	Rockford/D1 State	6/ 4/2005
17-8	Kelly Kohn (Adrian)11	Caledonia/D2 State	6/ 4/2005
17-6.25	Sandricka Ware (Bay City Central)11	Rockford/D1 State	6/ 4/2005
17-6.25	Shelleyse Richardson (West Bloomfield)9	New Orleans/USA Junior Olympics [hept]	8/ 1/2005
17-6	Tanisha Johnson (Macomb Dakota)11	D1 Regional	5/20/2005

TRIPLE JUMP

32-8	Oneka Hill (Southfield)12	Dayton/Roosevelt Mitchell	5/ 7/2005
32-3	Allison Jakubowski (Anchor Bay)12	Plymouth/Michigan USATF	6/25/2005
31-8.75	Jakubowski	Michigan AAU Junior Olympics	6/19/2005
31-0	Alaina Ehenhoeh (Ann Arbor Pioneer)	Dayton/Roosevelt Mitchell	5/ 7/2005
30-7	Lauren Terry (Southfield)	Lexington/USATF Region V	7/10/2005
30-2	Terry	New Orleans/AAU Junior Olympics	8/ 6/2005
29-11.5	Terry	Plymouth/Michigan USATF	6/25/2005
29-6.75	Terry	Michigan AAU Junior Olympics	6/19/2005
28-1.5	Summer McGee (Mt Morris JH)	Michigan AAU Junior Olympics	6/19/2005

SHOT (4kg)

44-3	Lauren Buresh (Morley-Stanwood)11	Morley/D3 Regional	5/21/2005
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Michigan HS Girls - 2005 Outdoors

43-11.5	Buresh	Comstock Park/D3 State.....	6/ 4/2005
43-5	Takara Dunning (Kalamazoo Central)12	Delaware/Midwest Meet of Champions	6/11/2005
43-0	Dunning	Rockford/D1 State.....	6/ 4/2005
42-4.5	Randall Hurst (West Bloomfield)11	West Bloomfield/D1 Regional	5/21/2005
42-4	Hurst	Rockford/D1 State.....	6/ 4/2005
41-8.5	Ashley Lawrence (Troy)11	Warren/D1 Regional.....	5/20/2005
40-7.5	Mary Angell (Byron Center)10	Wyoming.....	5/24/2005
40-1	Alexandria Hartley (Lake Orion)11	Rockford/D1 State.....	6/ 4/2005
39-10.5	Tia Brooks (East Kentwood)9	Rockford/D1 State.....	6/ 4/2005
39-9	Ashley Glover (Grand Rapids Northview)12	Lowell.....	4/26/2005
39-8.5	Irene Cooper (Bloomfield Hills Lahser)11	Caledonia/D2 State	6/ 4/2005
39-7.25	DeDee Briggs (Vandercook Lake)12	Grand Rapids/D4 State	6/ 4/2005
39-7	Joy Rolfe ()	Michigan AAU Junior Olympics	6/19/2005
39-4.25	Allison Liske (Zeeland)10	Wyoming.....	5/24/2005
39-3	Jill Walton (Kingsley)11	Comstock Park/D3 State.....	6/ 4/2005
39-0.25	Andrea Simpson (Hillsdale Academy)11	Grand Rapids/D4 State	6/ 4/2005
39-0	Krystle Beseler (Center Line)10	Caledonia/D2 State	6/ 4/2005

DISCUS

138-3	Charity Sunderman (Jackson)12	Ypsilanti/D1 Regional.....	5/20/2005
137-9	Jessica Rutherford (Ogemaw Heights)11	Gaylord/D2 Regional.....	5/21/2005
132-8	Rutherford	Caledonia/D2 State	6/ 4/2005
132-5	Andrea VanHevel (Richmond)12	Caledonia/D2 State	6/ 4/2005
132-0	Charity Sunderman (Jackson)12	Rockford/D1 State.....	6/ 4/2005
131-10	Randall Hurst (West Bloomfield)11	Rockford/D1 State.....	6/ 4/2005
131-5	Mary Angell (Byron Center)10	D2 Regional	5/20/2005
130-5	Takara Dunning (Kalamazoo Central)12	Rockford/D1 State.....	6/ 4/2005

HAMMER

71-7	Rebecca Chipchase (St Johns)	Lexington/USATF Region V	7/10/2005
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JAVELIN

119-10	Allison Jakubowski (Anchor Bay)12	Plymouth/Michigan USATF	6/25/2005
111-10	Jakubowski	Lexington/USATF Region V	7/10/2005
110-5	Jakubowski	Wooster/AAU Region VI.....	7/ 3/2005
103-10	Jakubowski	Indianapolis/USATF Junior Olympics.....	7/29/2005
91-2	Dana Leenheer (Forest Hills Northern)12	Plymouth/Michigan USATF	6/25/2005
70-11	Valerie Watkins (Center Line St Clement)10	New Orleans/USA Junior Olympics.....	8/ 1/2005
70-10	Shelleyse Richardson (West Bloomfield)9	New Orleans/USA Junior Olympics [hept].....	8/ 1/2005
70-0	Michelle Elliott (Goodrich)12	Plymouth/Michigan USATF	6/25/2005

HEPTATHLON

4383	Shelleyse Richardson (West Bloomfield)9 (15.61 [0.1], 5-3.25, 27-4.75, 26.91 [1.0], 17-6.25, 70-10, 2:24.74)	New Orleans/AAU Junior Olympics.....	8/ 1/2005
4234	Crystal Stanley (Lansing Sexton)11 (15.05 [0.9], 4-9.75, 27-1.25, 26.05 [-1.7], 15-7.75, 69-3, 2:22.20)	New Orleans/AAU Junior Olympics.....	8/ 1/2005
4156	Stanley	Wooster/AAU Region VI.....	7/ 3/2005
3967	Michelle Elliott (Goodrich)12 (14.87 [1.8], 5-1, 24-3, 26.59 [3.4], 15-3.5 [0.0], 54-11, 2:35.47)	Indianapolis/USATF JO.....	7/31/2005
3621	Elliott	Lexington/USATF Region V	7/10/2005
3596	Valerie Watkins (Center Line St Clement)10	Wooster/AAU Region VI.....	7/ 3/2005
3360	Watkins (17.53, 4-1.5, 25-5.25, 27.99 [0.9], 15-7.75, 70-11, 2:35.85)	New Orleans/USA Junior Olympics.....	8/ 1/2005

4 x 100-METER RELAY

47.15	Detroit Mumford	Rockford/D1 State.....	6/ 4/2005
47.76	Detroit Mumford	Dayton/Roosevelt Mitchell.....	5/ 7/2005
47.89	Ann Arbor Pioneer	Rockford/D1 State.....	6/ 4/2005
48.69	Ypsilanti Lincoln	Rockford/D1 State.....	6/ 4/2005
49.02	Kalamazoo Central	Rockford/D1 State.....	6/ 4/2005
49.05	Jackson	Rockford/D1 State.....	6/ 4/2005

Michigan HS Girls - 2005 Outdoors

49.08	Ann Arbor Pioneer	Plymouth/Michigan USATF	6/25/2005
49.19	Ann Arbor Pioneer	Dayton/Roosevelt Mitchell	5/ 7/2005
49.22	Muskegon	Rockford/D1 State	6/ 4/2005
49.25	Rockford	Rockford/D1 State	6/ 4/2005
49.40	Lansing Waverly	Caledonia/D2 State	6/ 4/2005
49.50	Flint Carman-Ainsworth	Rockford/D1 State	6/ 4/2005
49.53	Detroit Renaissance	Caledonia/D2 State	6/ 4/2005
49.60	Benton Harbor	Rockford/D1 State	6/ 4/2005
49.63	Southfield Lathrup	Rockford/D1 State	6/ 4/2005
49.70	Cadillac	Caledonia/D2 State	6/ 4/2005
49.73	Detroit Denby	Rockford/D1 State	6/ 4/2005
49.95	Pontiac Northern	Rockford/D1 State	6/ 4/2005

Hand-timed:

47.9	Detroit Mumford	D1 Regional	5/20/2005
49.0	Ypsilanti Lincoln	D1 Regional	5/20/2005
49.2	Ann Arbor Pioneer	D1 Regional	5/20/2005
49.3	Pontiac Northern	D1 Regional	5/20/2005

4 x 200-METER RELAY

1:37.72	Detroit Mumford	Rockford/D1 State	6/ 4/2005
1:39.49	Detroit Mumford	Dayton/Roosevelt Mitchell	5/ 7/2005
1:40.36	Ypsilanti Lincoln	Rockford/D1 State	6/ 4/2005
1:40.4	Detroit Mumford	Warren/D1 Regional	5/20/2005
1:40.77	Southfield Lathrup	Rockford/D1 State	6/ 4/2005
1:41.77	Ann Arbor Pioneer	Dayton/Roosevelt Mitchell	5/ 7/2005
1:42.57	Romulus	Rockford/D1 State	6/ 4/2005
1:42.82	Kalamazoo Central	Rockford/D1 State	6/ 4/2005
1:43.17	Detroit Renaissance	Caledonia/D2 State	6/ 4/2005
1:43.96	Grand Rapids Ottawa Hills	Rockford/D1 State	6/ 4/2005
1:44.0	Rockford	D1 Regional	5/20/2005
1:44.23	Milford	Rockford/D1 State	6/ 4/2005
1:44.24	Albion	Comstock Park/D3 State	6/ 4/2005
1:44.3	Pontiac Northern	D1 Regional	5/20/2005
1:44.77	Jackson	Rockford/D1 State	6/ 4/2005
1:44.7	Cadillac	D2 Regional	5/20/2005
1:44.83	Pinckney	Rockford/D1 State	6/ 4/2005

4 x 400-METER RELAY

3:50.9	Ann Arbor Pioneer	D1 Regional	5/20/2005
3:52.48	Ann Arbor Pioneer	Rockford/D1 State	6/ 4/2005
3:52.81	Detroit Mumford	Dayton/Roosevelt Mitchell	5/ 7/2005
3:52.88	Detroit Mumford	Rockford/D1 State	6/ 4/2005
3:55.92	Ypsilanti Lincoln	Rockford/D1 State	6/ 4/2005
3:56.45	Detroit Renaissance	Caledonia/D2 State	6/ 4/2005
3:56.7	Ypsilanti Lincoln	D1 Regional	5/20/2005
3:58.0	Detroit Mumford	D1 Regional	5/20/2005
3:58.52	Kalamazoo Central	Rockford/D1 State	6/ 4/2005
4:00.36	Pinckney	Rockford/D1 State	6/ 4/2005
4:00.79	Mt Pleasant	Caledonia/D2 State	6/ 4/2005
4:01.89	Albion	Comstock Park/D3 State	6/ 4/2005
4:02.36	Grand Blanc	Rockford/D1 State	6/ 4/2005
4:03.59	Pontiac Northern	Rockford/D1 State	6/ 4/2005
4:03.68	Southfield Lathrup	Rockford/D1 State	6/ 4/2005
4:03.80	Milford	Rockford/D1 State	6/ 4/2005
4:04.1	Hudsonville	D1 Regional	5/20/2005
4:04.23	Saline	Rockford/D1 State	6/ 4/2005
4:04.26	East Kentwood	Rockford/D1 State	6/ 4/2005
4:04.46	Goodrich	Comstock Park/D3 State	6/ 4/2005
4:04.77	Lansing Waverly	Caledonia/D2 State	6/ 4/2005

4 x 800 RELAY

Michigan HS Girls - 2005 Outdoors

9:05.49	Clarkston	Rockford/D1 State.....	6/ 4/2005
9:14.53	Saline	Greensboro/Nike Outdoor Ch	6/18/2005
9:17.80	Detroit Renaissance	Greensboro/Nike Outdoor Ch	6/18/2005
9:22.60	Saline	Rockford/D1 State.....	6/ 4/2005
9:22.78	Detroit Renaissance	Caledonia/D2 State.....	6/ 4/2005
9:23.24	Livonia Stevenson	Rockford/D1 State.....	6/ 4/2005
9:27.0	Saline	D1 Regional	5/20/2005
9:27.44	Rockford	Rockford/D1 State.....	6/ 4/2005
9:30.85	Ann Arbor Pioneer	Rockford/D1 State.....	6/ 4/2005
9:32.53	East Grand Rapids	Caledonia/D2 State.....	6/ 4/2005
9:32.68	Goodrich	Greensboro/Nike Outdoor Ch	6/18/2005
9:32.85	Detroit Cass Tech	Dayton/Roosevelt Mitchell.....	5/ 7/2005
9:33.16	Okemos	Rockford/D1 State.....	6/ 4/2005
9:33.21	Rochester Hills Lutheran Northwest	Grand Rapids/D4 State	6/ 4/2005
9:33.38	East Kentwood	Rockford/D1 State.....	6/ 4/2005
9:34.50	Livonia Churchill	Rockford/D1 State.....	6/ 4/2005
9:35.43	Goodrich	Comstock Park/D3 State.....	6/ 4/2005
9:38.50	Grand Rapids South Christian	Caledonia/D2 State.....	6/ 4/2005
9:38.82	Grand Blanc	Rockford/D1 State.....	6/ 4/2005

4 x 1600-METER RELAY

21:23.59+	Clarkston	Greensboro/Nike Outdoor Ch (21:31.07)	6/18/2005
21:31.95+	Goodrich	Greensboro/Nike Outdoor Ch (21:39.48)	6/18/2005
22:34.24	Ann Arbor Pioneer	Dayton/Roosevelt Mitchell.....	5/ 7/2005
22:39.47	Clarkston	Dayton/Roosevelt Mitchell.....	5/ 7/2005
Included 8th-grader from another school			
20:01.70	Clarkston / Runnin' Gear	Greensboro/Nike Outdoor Ch	6/18/2005

800-METER SPRINT MEDLEY

1:42.94	Detroit Mumford	Greensboro/Nike Outdoor	6/18/2005
1:43.46	Detroit Mumford	Dayton/Roosevelt Mitchell.....	5/ 7/2005
1:54.38	Detroit Cass Tech	Dayton/Roosevelt Mitchell.....	5/ 7/2005
1:54.88	Ann Arbor Pioneer	Dayton/Roosevelt Mitchell.....	5/ 7/2005

1600-METER SPRINT MEDLEY

4:19.66	Detroit Mumford	Dayton/Roosevelt Mitchell.....	5/ 7/2005
4:26.01	Ann Arbor Pioneer	Dayton/Roosevelt Mitchell.....	5/ 7/2005
4:33.53	Detroit Cass Tech	Dayton/Roosevelt Mitchell.....	5/ 7/2005

DISTANCE MEDLEY

12:06.81	Detroit Renaissance	Greensboro/Nike Outdoor Ch	6/18/2005
12:16.38	Saline	Greensboro/Nike Outdoor Ch	6/18/2005
12:26.12	Rockford	Dayton/Roosevelt Mitchell.....	5/ 7/2005
12:38.68	Saline	Dayton/Roosevelt Mitchell.....	5/ 7/2005
12:43.67	Pinckney	Greensboro/Nike Outdoor Ch	6/18/2005
12:51.69	Clarkston	Dayton/Roosevelt Mitchell.....	5/ 7/2005
12:53.24	Milford	Dayton/Roosevelt Mitchell.....	5/ 7/2005
Included 8th-grader from another school			
11:42.48	Clarkston / Runnin' Gear	Greensboro/Nike Outdoor Ch	6/18/2005